

Sheila Chambers, LNFA, MS

Administrator, Regency House



Regency House provides short-term rehabilitation programs, as well as long-term care with on-site physical, occupational, and speech therapy. Located in San Angelo, Regency House is part of Caraday Healthcare, a leader in skilled nursing, delivering integrated and coordinated care along the long-term and post-acute care continuum across Texas.



Sheila Chambers comes to Caraday Healthcare with a long history of working in the healthcare field – 20 years in skilled nursing/long-term care and more than 20 years in acute care and psychiatric care.

She attributes her calling to work in long-term care to her grandmother who worked as a caregiver for many years, providing care for the ill and elderly in her five houses – all on one street in San Angelo – in a loving, homelike environment.

Sheila enjoys her current role at Regency House and looks forward to promoting and implementing new programs to enhance the quality of life and quality of care of each resident. In all she does she wants to instill a sense of pride and accomplishment in all team members, and to “Do the Right Thing!”

After receiving her Bachelor of Science Degree from Angelo State University, Sheila completed her Master of Science Degree in Gerontology at Abilene Christian University.

Sheila has four grown daughters, two granddaughters, two grandsons and it’s not surprising that she loves going on family adventures!

Education and Credentials

- Angelo State University
Bachelor’s of Science
- Abilene Christian University
Master of Science in Gerontology

**For more information about Caraday Regency House, call
325-942-7700 or visit caradayhealth.com/regency**