

# Sandy Carlson, LNFA, CALA

## Administrator, Weston Inn Nursing & Rehabilitation



Weston Inn Nursing & Rehabilitation provides short-term rehabilitation programs for patients who quickly need to recover after hospitalization, as well as long-term care for those who need the additional support. Located in Temple, Weston Inn is part of Caraday Healthcare, a leader in skilled nursing, delivering integrated and coordinated care along the long-term and post-acute care continuum across Texas.



Caraday Healthcare welcomes Sandy Carlson who joined Weston Inn Nursing & Rehabilitation in May as the Administrator.

There are many inspirations to selecting a career path and Sandy chose to work in senior care because she is very passionate about senior adults. In her words, she loves waking up each day to make a difference in the lives of our Caraday residents. She takes pride in her job and her goal is to always try to surround herself with a dynamic work family that shares the same vision and goals.

Sandy brings over 30 years of experience in the healthcare industry, having served in such roles as Admissions Director, Administrator, and Regional Marketing Director with several companies. Over the past several years, she has been very involved in the community as well as local associations and professional memberships.

When she's not working, Sandy enjoys camping, shopping, watching sports, interior decorating, playing with her dogs (Lilly and Kiska) and being involved in church activities. Sandy and her husband have lived in Belton for the past 30 years and have raised two amazing, handsome sons.

### **Education and Credentials**

- Louisiana Tech University  
Bachelor of Science in Marketing
- McLennan Community College  
Nursing Facility License



**For more information about Caraday Weston Inn  
call 254-298-7300 or visit  
[caradayhealth.com/weston-inn-nursing-rehabilitation](http://caradayhealth.com/weston-inn-nursing-rehabilitation)**